

Ladies' Size Guide

The guidelines below will help you to choose the best garment size for your body. The measurements shown are your body measurements. Please remember that different styles may fit differently depending on the design.

Tips for measuring yourself

Place the tape measure under your arms, over your shoulder blades and across the fullest part of your bust.



Polo Shirts, Knitwear and Outerwear (actual body measurements in inches/cms)				
SIZE	UK	EURO	TO FIT CHEST (INCHES)	TO FIT CHEST (CMS)
XXS	4-6	32-34	28-30	72-77
XS	6-8	34-36	30-32	77-82
S	8-10	36-38	32-34	82-87
M	12-14	40-42	36-38	92-97
L	14-16	42-44	38-40	97-102
XL	18-20	46-48	42-44	107-112
XXL	22-24	50-52	46-48	117-122

(Glenmuir model measures UK size 10, height 5ft 10inches/177cm, wearing an S)